



SOWING SEEDS CHARITY BIKE RIDE

Registration Form

Please select a route length:

____ 40 miles: departs at 8:30; for more advanced cyclists, a hilly ride that passes through preserved farms; includes 2 water stops

____ 20 miles: departs at 9:30; a few hills and passes through preserved farms; 1 water stop

____ 5 miles: departs at 10:30; an easy route with one hill



Rain or Shine

Thanks to
Our Sponsors



Start & Finish Location: Jasper Park
4960 Vera Cruz Road North, Emmaus, PA 18049

Please arrive 30 minutes prior to your ride start time.

Rider Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Telephone: _____ E-mail: _____

T-shirt size (Register by August 8th to get a free T-shirt): S M L XL

Registration includes:

Breakfast: baked goodies from local bakeries, fruit & coffee

Lunch: farm fresh food prepared with veggies and fruits from the Seed Farm and other local farms

Maps, cue sheets, SAG support, & water stops

T-shirt (if you register by August 8th)

REGISTRATION FEES

Please make checks payable to **County of Lehigh** and note on the check "Contribution for the Seed Farm."

\$25 Pre-Registration

\$35 Day-of Registration

Mail this form with payment to:
Lehigh County Farmland Preservation Program
4184 Dorney Park Road, Suite 102
Allentown, PA 18104

A copy of this form will be e-mailed to you for your records.

**Questions? Contact Erin Frederick at 610-391-9583 ext. 25
or efrederick@lehighconservation.org.**