

# Internationally Renowned Trail Building School Coming to Trexler Nature Preserve!

Numerous studies have made the positive link between trails and their benefits abundantly clear.  
Learn what a healthy trail system can do for your community!

**The Valley Mountain Bikers (VMB) wish to invite you to attend a trail building school at the Trexler Nature Preserve on Saturday, September 19, 2009 from 9:00 am – 4:00 pm.**

**Don't miss this event ! It is run by award winning trail builders from the International Mountain Biking Association (IMBA) and available for FREE!**

IMBA has a team of award-winning trail experts who travel North America year-round, leading trail building schools, meeting with government officials and land managers, and working with multi-user groups. IMBA's Crews have led more than 1,000 trail projects since the program debuted in 1997.

## You will learn:

- Proper techniques of sustainable trail construction that prevent erosion
- How to create conflict free multi-use trails
- How to design trails that are interesting and have proper flow
- Basic construction including turns, drainage and bridges
- Trail reroutes
- Trail reclamation
- Fostering volunteer clubs and partnerships
- Effective use of signage
- Above all - what a healthy trail system can do for your community!

**This trail building school is not just for mountain bikers. The principals and techniques being taught in this session can be used for all multi-use trails – walking, running, hiking, biking, and equestrian.**

## IMBA Trail Building Schedule for Saturday, September 19th

9 am – 12 noon	Classroom Session and Presentation at Lehigh Valley Zoo
12 pm – 1 pm	Lunch provided compliments of VMB at Lehigh Valley Zoo
1 pm – 4 pm	Hands on outdoor trail construction session adjacent to Lehigh Valley Zoo

Please also plan to join us for the  
**VMB/IMBA Trexler Nature Preserve Trail Building Kick-Off Event on Thursday, September 17 from 6:00 – 9:30 PM in the Silk Lounge at the Allentown Brew Works.**

This fun, social event marks the launch of the unprecedented four-day visit of the IMBA Trail Care Crew to the Lehigh Valley. At this event, VMB will be celebrating the groundbreaking of the multi-use trail network at Trexler Nature Preserve, recognizing those who made these trails possible, raising awareness of the project, reviewing the final schedule for the trail building visit, and doing some fund raising.

This is a great opportunity that we have been awarded to us at no charge. Opportunities like this do not come often. This will be a publicized event in the media and local communities. We would appreciate it if you could join us at the Kick-Off Party, Trail Building Day, or both to celebrate a great addition to the Lehigh County Park system that will draw trail users from miles around and to find out what a healthy trail system can do for your community!

For more information and/or to RSVP please refer to our website [www.bikevmb.com](http://www.bikevmb.com).  
Please RSVP online by August 31, 2009.

